

Central Health Network

**Outstanding
Primary Care
Health Services**



- First Contact Physiotherapy
- First Contact Podiatry • General Podiatry
- MSK Physiotherapy • Mental Health Services

centralhealth.org.uk



Central Health Network

As a leading provider of First Contact Physiotherapy, MSK Physiotherapy, Podiatry and Mental Health services across the UK, Central Health Network works closely with PCNs and CCGs and delivers fully managed primary care support solutions that are highly effective in relieving pressure on GPs, reducing waiting lists and improving patient outcomes.

At Central Health Network we understand the demands of a modern-day primary care landscape, and therefore draw on a wealth of experience and expertise operating in the private healthcare sector to provide seamless First Contact Physiotherapy, MSK Physiotherapy, Podiatry and Mental Health services designed to be cost effective, hugely efficient and make patient care an absolute priority.

Make Central Health Network part of your Multidisciplinary Primary Care Team.

We provide a comprehensive service delivery, full expert support and on-going professional management.

Including:

- Service Origination
- Staff Recruitment
- Service Implementation
- Staff Education
- Staff Supervision
- Service Promotion
- Service and Staff Evaluation

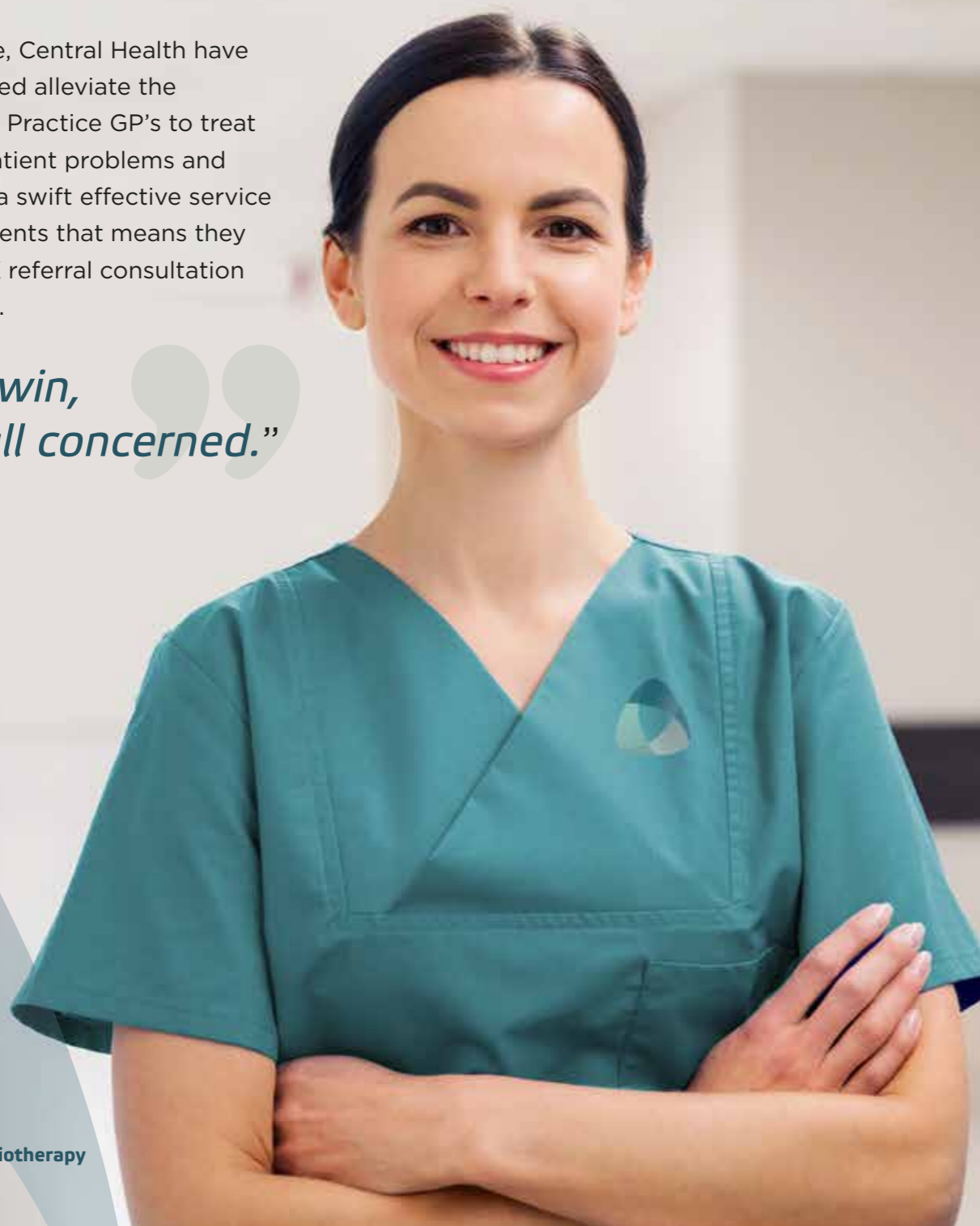


“We would recommend the use of Central Health FCP service provision.”

Central Health have been providing First Contact Physiotherapy services to Derby City North PCN patients for nearly twelve months. The set-up of our FCP service was carried out in very professional and efficient way.

During this time, Central Health have effectively helped alleviate the pressure on the Practice GP’s to treat defined MSK patient problems and have delivered a swift effective service to the PCN patients that means they can get an MSK referral consultation within 24 hours.

This is a win, win for all concerned.”



First Contact Physiotherapy

Central Health Network specialise in the delivery of First Contact Physiotherapy (FCP) services to individual GP Surgeries, PCNs, GP Federations and CCGs, on a local, regional and national basis.

We offer a complete service delivery in this specialist area, including FCP Service Implementation, Recruitment of FCPs, FCP Roadmap Education and on-going Management of FCP services, and work closely with our Primary Care partners to broaden patient access to MSK Physiotherapy and effectively navigate vital patient care pathways.

Having already seen huge success in this area, with both patient outcomes and Primary Care efficiency greatly benefiting, Central Health Network is totally committed and heavily invested in further developing the effectiveness of First Contact Physiotherapy.

Make **First Contact Physiotherapy** part of your Multidisciplinary Primary Care Team.

Central Health Network provides a comprehensive service delivery, full expert support and on-going professional management, to:

- Manage MSK Cases
- Reduce GP Workload
- Accelerate Access to Care
- Improve Patient Outcomes

First Contact Physiotherapy
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“It all gave me great confidence in resolving my problem.”

“**Amazing!** I can’t believe that after 2 years suffering with back pain that I am symptom free after 3 treatments at Central Health Network. I was given a clear diagnosis, really effective hands-on treatment, brilliant self-management advice with a video home exercise programme and work advice. It all gave me great confidence in resolving my problem. Great service and team. Thank you Central, would highly recommend. A very welcoming, empathetic, pragmatic and dynamic team.”

“A very positive experience!”

“Great service from arranging an appointment, assessment and treatment. I was frightened about my back pain, but it’s now resolved! Can’t believe it! Thank you to all at Central Health Network for a very positive experience for a very nervous patient!”

“Effective treatment and brilliant self-management advice.”

“I’ve suffered with long term neck and shoulder problems and had treatment at different places before, but none has proved as effective as that received at Central Health Network. I received an easy to understand diagnosis, effective treatment and brilliant self-management advice. Would highly recommend.”

MSK Physiotherapy

As an Any Qualified Provider (AQP), Central Health Network delivers Musculoskeletal (MSK) Physiotherapy care and expertise within the NHS.

We work with CCGs, PCNs and GP Surgeries across the UK and provide MSK Physiotherapy to patients from both AQP GP referral and self-referral routes.

Offering the very highest standards of care delivered by fully skilled and experienced Physiotherapists in multiple clinic locations, Central Health Network enables Primary Care MSK patients to gain fast access to treatment and rehabilitation services.

Routinely treating a wide variety of MSK conditions, including managing chronic conditions and post-operative rehabilitation, Central Health Network has for many years helped to reduce NHS waiting lists and improve MSK patient outcomes.

Make Central Health part of your AQP MSK Physiotherapy Provision.

Central Health Network provides highly efficient MSK Physiotherapy services and utilises a professional centralised booking hub to ensure fast appointment availability.

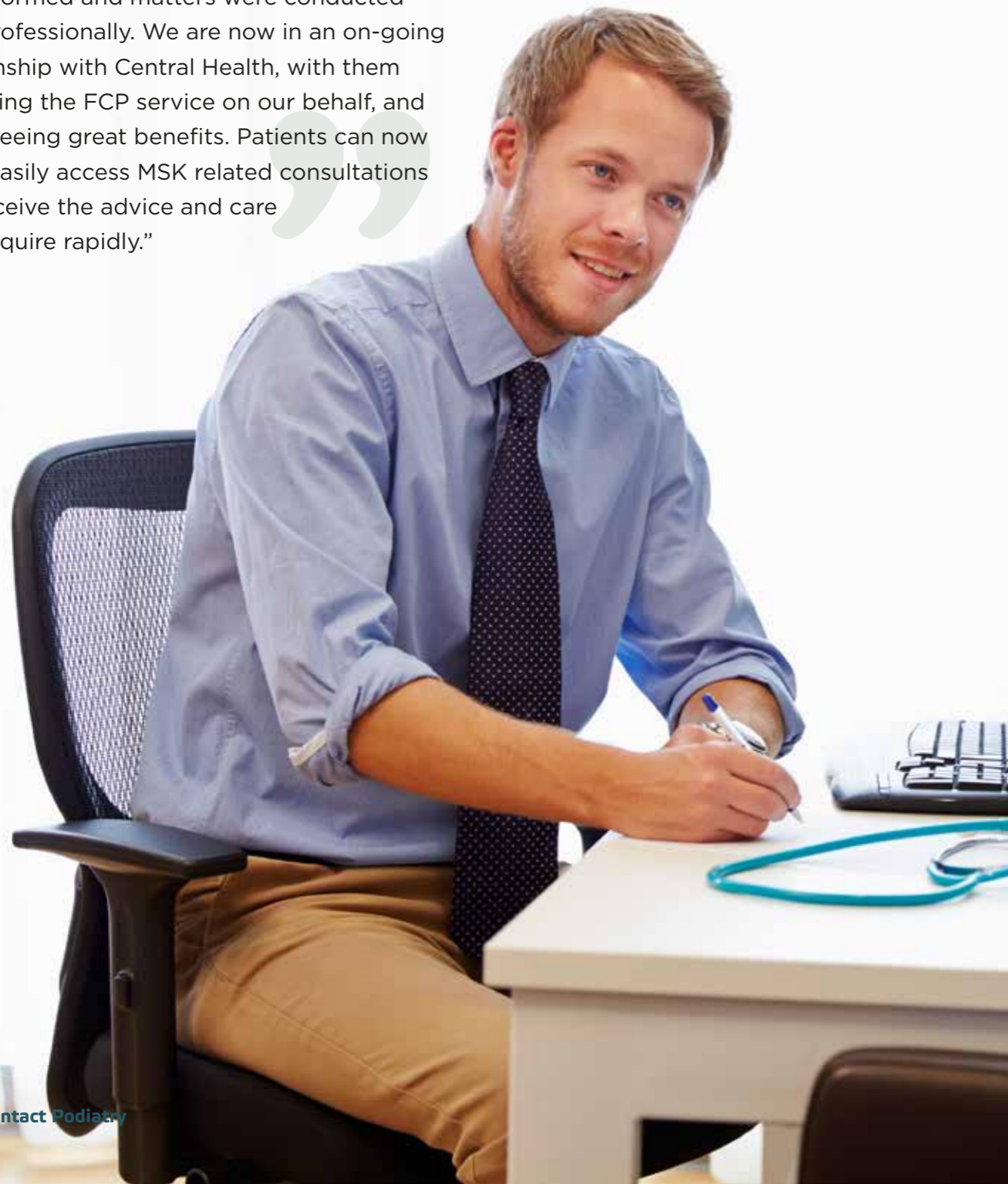
- Cost and Clinically Effective
- Early Interventions
- Reducing NHS Waiting Lists
- Improving Patient Care.

First Contact Physiotherapy
MSK Physiotherapy
First Contact Podiatry
Mental Health Services

“Working with Central Health enabled us to launch our First Contact service quickly and effectively.”

The team at Central were instrumental in developing early-stage strategy, took care of the recruitment process and then moved rapidly to get the service actually up and running.

This journey was seamless, we were always well informed and matters were conducted very professionally. We are now in an on-going relationship with Central Health, with them managing the FCP service on our behalf, and we're seeing great benefits. Patients can now more easily access MSK related consultations and receive the advice and care they require rapidly.”



First Contact Podiatry

Central Health Network specialise in the delivery of First Contact Podiatry services to individual GP Surgeries, PCNs, GP Federations and CCGs, on a local, regional and national basis.

First contact practice is an increasingly established model of care designed to deliver a streamlined, patient-centred service and support the growing demands on general practice, and Central Health Network works closely with Primary Care partners to broaden patient access to Podiatry services and effectively navigate vital patient care pathways.

Central Health Network First Contact Podiatrists are trained to work as part of multidisciplinary teams to safely diagnose, risk assess and triage, and provide advice and initiate treatment for complications of the foot and lower limb, and therefore reduce GP workloads and improve patient outcomes.

Make **First Contact Podiatry** part of your Multidisciplinary Primary Care Team.

Central Health Network provides a fully managed First Contact Podiatry service, comprehensive support and on-going professional management.

- Manage Foot and Lower Limb Cases
- Reduce GP Workload
- Accelerate Access to Care
- Improve Patient Outcomes

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First Contact Mental Health Services

Central Health Network works closely with individual GP Surgeries, PCNs, GP Federations and CCGs across the UK to provide First Contact Mental Health services in Primary Care settings.

Tackling the ever-increasing problem of Mental Health conditions, First Contact Mental Health Practitioners deliver rapid access to care, reduce GP workloads and vastly improve patient outcomes.

At Central Health Network we offer a fully managed and comprehensive First Contact Mental Health service, including full set-up, recruitment, training and evaluation, and enable Mental Health Practitioners to integrate seamlessly into multidisciplinary Primary Care teams in order to meet demands on general practice, work closely with patients experiencing Mental Health issues, support GPs and improve practice performance.

Make **First Contact Mental Health** part of your Multidisciplinary Primary Care Team.

Central Health Network works closely with Primary Care partners to broaden patient access to Mental Health services and effectively navigate patient care pathways.

- Manage Mental Health Caseloads
- Reduce GP Workload
- Accelerate Access to Care
- Improve Patient Outcomes

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